

Fast Facts: **Coronavirus-19** **(COVID-19)** ***in Adults***





**KEEP
SOCIAL
DISTANCE**

What is it?

COVID-19 is a highly contagious, viral respiratory illness that spreads through tiny particles in the air or through contact with contaminated objects and surfaces. Adults may experience difficulty breathing, fatigue, sore throat, dry cough, and loss of taste or smell

How do I protect against infection?

The COVID-19 vaccine is the best way to protect against the flu. It is recommended that all adults between the ages of 19 and 64 stay up to date on the latest COVID-19 vaccine

Who is at risk for severe illness?

Adults with chronic health issues