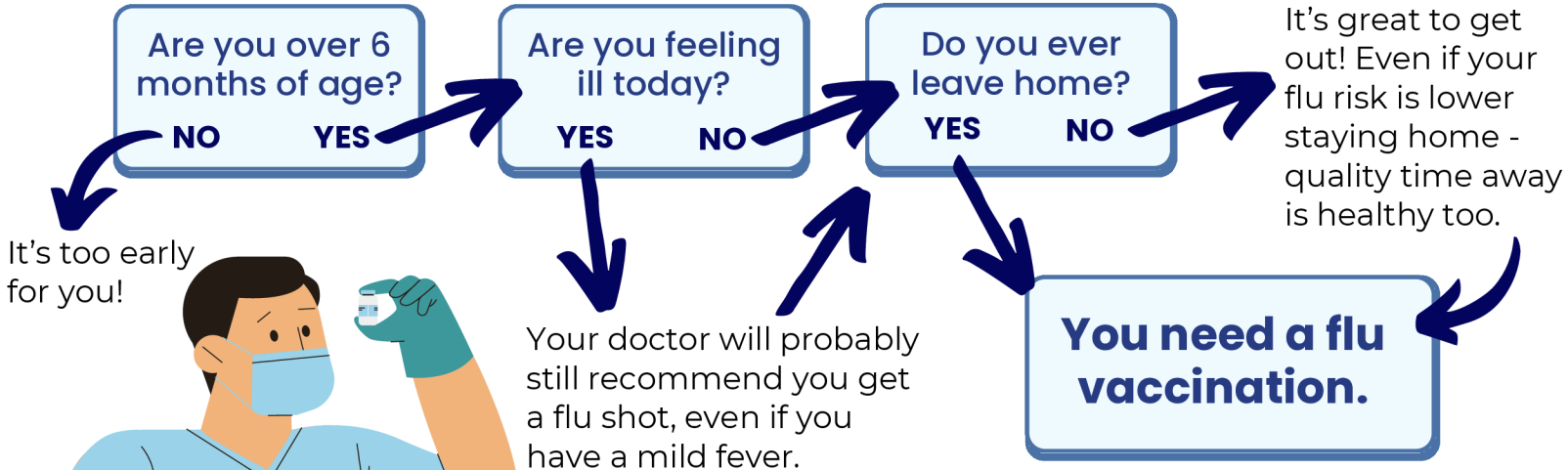


# Do I need a Flu vaccination?

Good question! Here's a simple chart to help you decide.



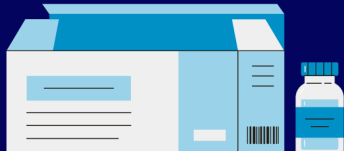
It's too early for you!



Your doctor will probably still recommend you get a flu shot, even if you have a mild fever.

It's great to get out! Even if your flu risk is lower staying home - quality time away is healthy too.

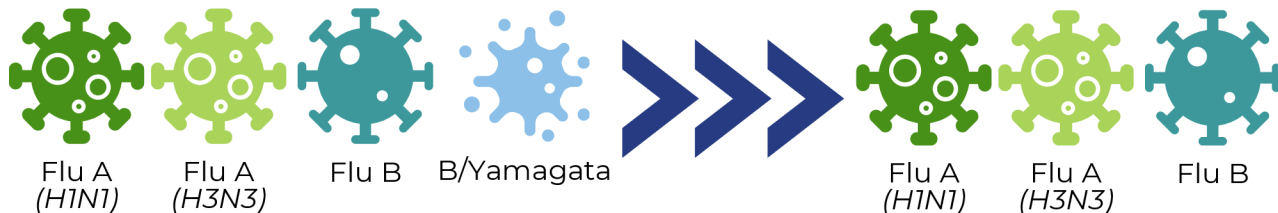
**You need a flu vaccination.**



Find Flu vaccines in your community  
visit [www.vaccines.gov](http://www.vaccines.gov)

# Understanding the New 2024-2025 Flu Vaccine: What You Need to Know

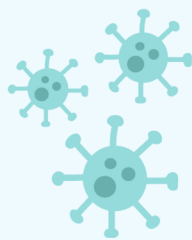
The US is changing its flu vaccines for the 2024-2025 season. Instead of using four-component vaccines (which protect against four different flu viruses), the new vaccines will have three components. This change is happening because one of the flu viruses, called B/Yamagata, hasn't been seen since 2020. So, it's no longer needed in the vaccine. The new three-component (trivalent) vaccines will still protect against the most common flu viruses: two types of influenza A (H1N1 and H3N2) and one type of influenza B.



## Quick Flu Facts



**200,000** Americans are hospitalized from flu complications each year.



As high as **49,000** people die annually due to flu-related illness.



The **most important** thing you can do is to **protect yourself** against flu by being vaccinated.