

Maintain Your Health

Recommended Adult Vaccines

Hepatitis A

One dose for unvaccinated adults
Hepatitis A is a liver disease that can be spread between people

Hepatitis B

One dose for adults 19-59 years of age, and adults 60+ with Hepatitis B risk factors
Hepatitis B is a liver disease that can be spread between people

COVID-19

One yearly booster dose after initial vaccination
Safely prevents COVID-19 infection

HPV

Two doses for unvaccinated adults aged 18-26
Prevents cancer-causing infections and pre-cancers

Shingles

Two doses for adults 50+
If you have had chickenpox before, it can reappear as shingles later

Tetanus (DTaP)

One dose every 10 years
Protects against diphtheria, tetanus, and whooping cough

All information from the Centers for Disease Control and Prevention (CDC).

Talk to your doctor to learn what vaccines are recommended for you.



Learn more on our website:

go.illinois.edu/vaccinate



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