



Don't be too busy....talk to your health care provider about what vaccine is best for you!



- ✓ Flu
- ✓ COVID-19
- ✓ Shingles
- ✓ Tetanus



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Gathering for the holidays? Help protect yourself and your loved ones.



Remember to **vaccinate** before you go!

✓ ***Flu Shot***

✓ ***Covid-19***

✓ ***Shingles***

✓ ***Tetanus***



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Your health is a gift

✓ Flu shot

✓ COVID-19

✓ Shingles

✓ Tetanus

Talk to your health care provider about keeping your vaccines up to date.



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GIFT YOURSELF A VACCINE THIS HOLIDAY SEASON



Shingles



Covid-19



Tetanus



Flu

Talk to your health care provider
about how you can best protect your
health!



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**Your health is
your business!**



Vaccines

- Flu Shot**
- COVID-19**
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your health
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