

Show your love. Get vaccinated.

Common Adult Vaccination Questions

1 Did you know there are up to 13 recommended vaccinations you should receive as an adult?

- The vaccines recommended for you are based on your age, health condition, job, lifestyle, and travel habits.
- Getting vaccinated is a critical step in protecting your health, so contact your local healthcare provider to find out which vaccines you may need to receive.



2 You may not realize vaccines are needed throughout your adult life. Here are three reasons vaccines are important to your health:

- You may be at risk for serious diseases that are still common in the U.S.
- You can't afford the risk of getting sick or taking time off from work.
- You can protect your health and the health of those around you by getting the recommended vaccines.



3 Did you know there are many different places to get vaccinated in your area?

- Private doctor's offices, pharmacies, workplaces, community medical clinics, health departments, or other places such as schools and religious centers.
- Federally funded health centers can provide services if you do not have health insurance or a regular source of health care: pay what you can based on your income. Locate a nearby health center using the QR code to the right.



4 What if infection rates are low in the area, do you still need to get vaccinated?

- Yes, to maintain herd immunity. Herd immunity is when a large majority of people are immunized in any population so that even those who are unimmunized will be protected.
- If the majority of people don't get vaccinated, they contribute to a greater danger allowing the virus and bacteria to continue spreading.



5 Do you know why it is important to receive an annual Covid-19 and influenza vaccine?

- Both Covid-19 and the flu are contagious respiratory illnesses that are caused by different viruses.
- Receiving an annual Covid-19 and influenza vaccine decreases how many people get sick, the severity of illness experienced, and the number of hospitalizations and deaths.
- Talk to your healthcare provider to get both vaccines at the same time. Find more info about coadministration at the link to the right!

