

IS IT A COLD OR FLU?

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU



Influenza Questionnaire Pre-test

1. Getting the flu is not that serious.

Strongly agree

Agree

Somewhat agree

Disagree

2. You shouldn't get the flu shot if you are pregnant.

Strongly agree

Agree

Somewhat agree

Disagree

3. The flu vaccine can give you the flu.

Strongly agree

Agree

Somewhat agree

Disagree

4. People don't need to get the flu vaccine every year.

Strongly agree

Agree

Somewhat agree

Disagree