

Tetanus is an uncommon but very serious disease caused by spores of bacteria found in the environment.

The spores can get into the body through broken skin, usually through injuries from contaminated objects.

Agricultural workers are at high risk for exposure to tetanus and should get booster shot immediately if potentially exposed.

All adults who have never received one should get a shot of TDAP. The vaccine also protects against **diphtheria** and **pertussis/whooping cough**.

Adults should continue to get the vaccine **every 10 years.**

Disease	Symptoms/Complications	Is it serious?
Tetanus	 Spasms (painful muscle cramps in the jaw and neck muscles or stomach) Breathing problems Painful muscle stiffness all over the body 	Yes. People who get tetanus could sperweeks in intensive care. As many as 1 out of 5 people who get tetanus will die from it.
Diphtheria	 Thick coating in the back of the throat that can make it hard to breathe and swallow Paralysis Heart failure 	 Yes. About 1 out of 10 people who get diphtheria will die from it.
000000	Bad cough that can make it difficult to breathe after coughing fits Cough that can last for many weeks	Yes. It can be serious for people of all ages.

Speak to us today if you would like your TDAP shot!

Questions? Call or WhatsApp us at 802-249-4611.



Whooping

Cough

· Violent coughing fits with vomiting,

which can lead to broken ribs



Whooping cough can cause you to miss

work and other daily activities.

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