

# TDAP Vaccine for Adults




**Tetanus** is an uncommon but very serious disease caused by spores of bacteria found in the environment.

The spores can get into the body through broken skin, usually through injuries from contaminated objects.

Agricultural workers are at high risk for exposure to tetanus and should get a booster shot immediately if potentially exposed.

All adults who have never received one should get a shot of TDAP. The vaccine also protects against **diphtheria** and **pertussis/whooping cough**.

Adults should continue to get the vaccine **every 10 years**.

Disease	Symptoms/Complications	Is it serious?
 <b>Tetanus</b>	<ul style="list-style-type: none"><li>• Spasms (painful muscle cramps in the jaw and neck muscles or stomach)</li><li>• Breathing problems</li><li>• Painful muscle stiffness all over the body</li></ul>	<ul style="list-style-type: none"><li>• <b>Yes. People who get tetanus could spend weeks in intensive care.</b></li><li>• As many as 1 out of 5 people who get tetanus will die from it.</li></ul>
 <b>Diphtheria</b>	<ul style="list-style-type: none"><li>• Thick coating in the back of the throat that can make it hard to breathe and swallow</li><li>• Paralysis</li><li>• Heart failure</li></ul>	<ul style="list-style-type: none"><li>• <b>Yes. About 1 out of 10 people who get diphtheria will die from it.</b></li></ul>
 <b>Whooping Cough</b>	<ul style="list-style-type: none"><li>• Bad cough that can make it difficult to breathe after coughing fits</li><li>• Cough that can last for many weeks</li><li>• Violent coughing fits with vomiting, which can lead to broken ribs</li></ul>	<ul style="list-style-type: none"><li>• <b>Yes. It can be serious for people of all ages.</b></li><li>• Whooping cough can cause you to miss work and other daily activities.</li></ul>

**Speak to us today if you would like your TDAP shot!**

Questions? Call or WhatsApp us at  
**802-249-4611.**

