

COVID-19

WHAT YOU NEED TO KNOW



CORONAVIRUS, commonly known as COVID-19, is easily spread through virus particles released into the air when an infected person breathes, coughs or sneezes.

Anyone can get COVID-19, but some people are at higher risk for severe illness from COVID-19 than others. Some risk factors may include:

- » Adults 55 years or older
- » People with chronic medical conditions
- » Those with weakened immune systems
- » People from certain racial and ethnic minority groups*



*Non-Hispanic Black, Hispanic/Latino, and American Indian/Alaska native persons

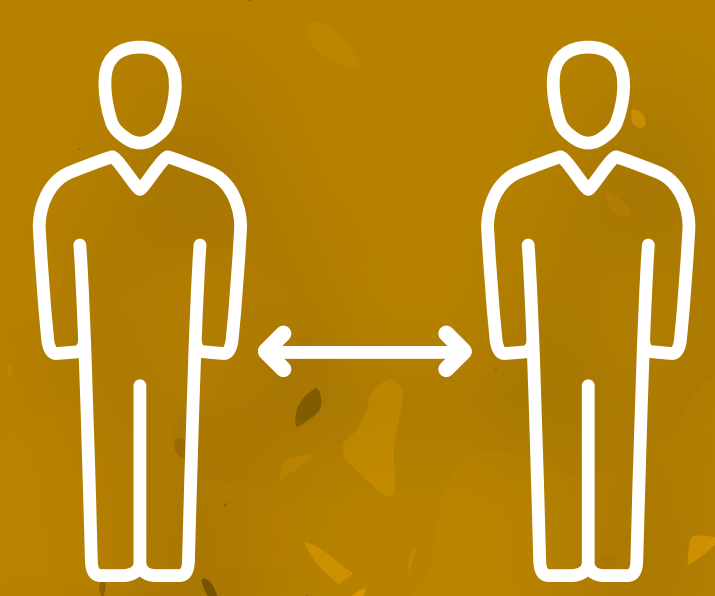
HOW TO PROTECT YOURSELF AGAINST COVID-19:



Wear your mask properly.



Wash your hands often.



Practice social distancing.



Engage in proper hygiene.



Disinfect commonly used surfaces.



Avoid anyone who is sick.



Get a COVID-19 vaccine.

Make the best decision for you and your loved ones. Talk to your doctor about the benefits of the COVID-19 vaccine.



For more information:

(352) 273-2822 | FloridaVIP@ifas.ufl.edu

UF | IFAS Extension
UNIVERSITY of FLORIDA

FAMU

FLORIDA A&M UNIVERSITY
COOPERATIVE
EXTENSION
COLLEGE OF AGRICULTURE AND FOOD SCIENCES