



# COVID-19 Vaccine Side Effects

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EXTENSION

## You may experience:

- Pain, redness, or swelling on the arm where you got the shot
- Tiredness
- Headache
- Muscle pain
- Chills
- Fever
- Nausea

# Ways to Relieve Side Effects:

## To reduce discomfort where you got the shot:

- Apply a clean, cool, wet washcloth
- Use or exercise your arm

## To reduce discomfort from fever:

- Drink plenty of fluids
- Dress lightly
- Consider over-the-counter medicine, such as Advil or Tylenol

Side effects should go away in a few days!



## You should call a doctor if:

- Redness or tenderness where you got the shot worsen after 24 hours
- Side effects are worrying you or do not seem to be going away after a few days

# Schedule an Appointment Today!



**Get vaccinated in order to protect yourself and others from getting seriously ill.**

- Call **1-855-MD-GOVAX (1-855-634-6829)**: open from 7 AM to 10 PM daily
- Schedule or walk-in appointments at CVS, Walmart, Sam's Club, Giant, Safeway, and Costco at select locations

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**This institution is an equal opportunity provider.**

**CDC. (2021a, June 15). Benefits of Getting a COVID-19 Vaccine.  
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<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html>**

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Vaccine. Centers for Disease Control and Prevention.  
<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/expect/after.html>**

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