

The Importance of Nutrition in Breast Cancer Survivorship



ABOUT THIS WEBINAR

Breast cancer is the most common cancer in women in the United States; fortunately, survival rates continue to improve over time. A breast cancer diagnosis often raises many questions and concerns about diet and nutrition. Do you know the latest in nutrition issues that occur during breast cancer treatment and how they may differ from those occurring after treatment? This webinar provides information on nutrition and lifestyle issues that can arise during breast cancer treatment and survivorship. The presentation includes strategies to help providers working with families manage these issues and provides a review of current evidence on nutrition recommendations for breast cancer survivors.

Learning Objectives:

1. Identify diet and nutrition issues for breast cancer survivors.
2. Discuss strategies to manage nutrition issues for breast cancer survivors.
3. Review current evidence on nutrition recommendations for breast cancer survivors.

PRESENTER

Whitney Warminski, RD, CSO, LD

Clinical Dietitian

BSA Harrington Cancer Center

Whitney Warminski, RD, CSO, LD is a Board-Certified Specialist in Oncology Nutrition. Whitney has more than 10 years of experience in oncology nutrition where the main focus of her work is to help oncology patients maintain and improve their nutrition status during cancer treatment. She works as a clinical dietitian in an ambulatory cancer center and also teaches nutrition classes at a local cancer survivorship center.

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<https://oneop.org/learn/154525/>

CONTINUING EDUCATION

- Social Work, LPC, LMFT: Programming approval for 1.0 CE credits will be obtained for Social Work, Licensed Professional Counselors, and Licensed Marriage & Family Therapists from the University of Texas at Austin, Steve Hicks School of Social Work.
- Case Manager: This program has been submitted to the Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hours.
- Board Certified Patient Advocates: This program has been pre-approved by The Patient Advocate Certification Board to provide continuing education credit to Board Certified Patient Advocates (BCPA). The course has been approved for a total of 1.0 CE contact hour, of which 0.0 are in the area of Ethics.
- Certified in Family & Consumer Sciences (CFCS): This program is currently seeking approval of 1.0 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS.
- Certified Nutrition & Wellness Educator (CNWE): This program is currently seeking approval of 1.0 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CNWE.
- Certificates of Attendance are available for providers interested in documenting their training activities.

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