

# The Importance of Nutrition in Cancer Care



## ABOUT THIS WEBINAR

Nutrition plays a vital role in cancer care from the moment of diagnosis to post-treatment survivorship. Cancer and its treatment can affect how the body digests, absorbs and utilizes nutrients, changing a person's nutritional needs. Maintaining a good nutrition status during treatment helps to keep people on track to receive their full prescribed cancer treatment without breaks or dose reductions, which can improve their outcomes. Good nutrition also promotes overall well-being, quality of life and reduces treatment-related complications. This webinar focuses on nutrition care for people on active cancer treatment, information on common side effects, and strategies to assist caregivers in their role of providing nutrition during cancer treatment.

### Learning Objectives:

1. Explain malnutrition as it pertains to adult cancer survivors.
2. Discuss effects of malnutrition during cancer treatment.
3. Identify common cancer and treatment-related side effects and strategies to manage.
4. Discuss the caregiver's role in nutrition.
5. Provide an overview of food safety guidelines during cancer care.



## EVENT PAGE

<https://oneop.org/event/142485/>

## CONTINUING EDUCATION

- Social Work, LPC, LMFT: Programming approval for 1.0 CE credits will be obtained for Social Work, Licensed Professional Counselors, and Licensed Marriage & Family Therapists from the University of Texas at Austin, Steve Hicks School of Social Work.
- Case Manager: This program has been submitted to the Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hours.
- Board Certified Patient Advocates: This program has been pre-approved by The Patient Advocate Certification Board to provide continuing education credit to Board Certified Patient Advocates (BCPA). The course has been approved for a total of 1.0 CE contact hour, of which 0.0 are in the area of Ethics.
- Certified in Family & Consumer Sciences (CFCS): This program is currently seeking approval of 1.0 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CFCS.
- Certified Nutrition & Wellness Educator (CNWE): This program is currently seeking approval of 1.0 CE credits from the American Association for Family and Consumer Sciences (AAFCS) for CNWE.
- Certificates of Attendance are available for providers interested in documenting their training activities.

## PRESENTER

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